

DRESS CODE

Clothing sends the message you intend. Before you say word what you wear affect first impression.

Your dress is always important. The right dress enhances your appearance. It should be well tailored and not out dated .This does not mean that it should be very fashionable. Your dress should be in keeping with present fashion trends .So that your appearance does not seem to be conspicuous in any way. Avoid gaudy or dark colors as these do not in any way help to improve your looks. Clean and well ironed clothes are far more important. Some people prefer to wear a new dress for an interview. If it is not a good fit it could make you restless and irritable. Most girls who wear saris for the first time to an interview often find themselves ill at ease as they worry and fidget about their pall there for were cloths worn in the past and found comfortable to walk and sit in this. This will help you to avoid dress consciousness.You must ensure that your shirts and pants are properly buttoned up. Do not wear casual clothes especially jeans .D not carry unnecessary diaries too many

pens, a heavy purse etc...these all give you a uneasiness feel

Pay equal attention to your shoes they should clean and well polished .D not wear a new pair shoes to an interview as you may not feel at ease walking in to the interview room in squeaky tight .You will feel uncomfortable during the whole course of the interview which will intern divert your attention from important points.

For men

- ❖ A full sleeve shirt of light color
- ❖ Avoid loud colors
- ❖ You should never drink alcohol the day before an interview it effects your eyes Your skin and your wits
- ❖ Men should have a neat hair cut a close shave. wear leather shoes matching with the trouser and dark coloured trouser .Belt matched with the shoes
- ❖ Men should wear a tie if your comfortable with you have been wearing recent past. the shoes should be well polished and should be black with plain socks
- ❖ The wearing of after shave and perfume is a decided by note.

For women

- ❖ Wear a suit or dress with a jacket. do not wear trouser suit or jeans wear sober coloured sari Preferably a cotton sari do not starch too strongly. minimum make up and minimum fragrancy keep jewelry to a minimum wedding ring or sign ring is acceptable
- ❖ Nails should be trimmed and manicured all times .even if you are work with your hands. wear low heels spike heels make you wobble and are not required by many as in appropriate in the work place
- ❖ If you carry a brief case don't carry a hand bag as well
- ❖ As far as possible perfume should be avoided
- ❖ You are so particular a light perfume can be used, you are trying to be appointed ,not to be dated
- ❖ The way you dress the way you look to a potential employer at the first interview, tells him how you feel about your self .it also

portrays now seriously you take both the
inerview and the interviewer